



The Beginning of Peace

A Monthly Newsletter by Sarah Granby

Inspired Action

Lately, I've been feeling drawn in two very different directions - part of me wants to be in constant motion moving toward my goals, but another side of me has surfaced, especially after reading Eckhart Tolle's *A New Earth*, that simply wants to be still. Not lazy, sit-around-do-nothing kind of still, but just to sit quietly and take in the magnificence that is already around me. We are taught that to be successful, you must be in constant motion, yet I am so drawn to this idea of sacred stillness. Fortunately, I think I have finally stumbled upon a way to blend these divergent drives in two simple words: inspired action. This concept - which is quite the buzzword these days - balances the drive to achieve goals with an inner purpose and vision, which generates that exciting rush of passion and desire to do something called inspired action.

In the fabulous book, *Ask and It is Given* by Esther and Jerry Hicks, they talk about the importance of emotions in manifesting your desires. For me, the most powerful place I can be emotionally is in this vibration of inspired action. And for the first time in my life I've realized that I can actually cultivate and welcome more of it into my life.

Since I am just learning how to do this, it feels like I've entered into a risky little experiment - I am just sitting and allowing and waiting, while quietly observing as part of me freaks out, insisting that I take some sort of action - inspired or otherwise. It's just that I refuse to make any big life moves or decisions until I feel that undeniable push from life to take inspired action. It's a way of saying, "I will not settle for an average life. I will not allow myself to be so busy with the mundane and mediocre that I don't notice the invitation to the biggest bash of the year sitting on my table, underneath piles of to do lists."

So how does this relate to world peace? Imagine if most businesses, organizations and people in the world were fueled by this passion - equal parts entrepreneurial drive and socially conscious inspiration! Again, I think these are two of our country's biggest strengths. It is part of the American culture to be driven and entrepreneurial, yet I know we are also a culture of enormous compassion and generosity. The businesses and organizations that will be thriving 20 years from now will be those that have mastered this art of blending business smarts with socially conscious vision. And we're seeing just the beginning of this with the exciting developments in the areas of social enterprise and socially responsible business.

Creating a vibrant, thriving, joyous world at peace starts with finding those qualities within yourself! It means taking action from a place of joy and excitement, not from a place of "must", "have to" or "should." The more the world embraces this concept, the more we will find ourselves at peace.

In peace,
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