



The Beginning of Peace

A Monthly Newsletter by Sarah Granby

Welcome!

Dear Friends,

Welcome to the second edition of The Beginning of Peace! Last month, I launched my new website, www.sarahgranby.com, and the response has been tremendous! It has been wonderful to reconnect with old friends, meet new friends that are also interested in peace and learn about new organizations that are working towards bettering our world.

In this issue I talk about my view on creating peace (see following article) and I am adding a new feature - a book and organization of the month. As many of you know, I love to read and I always *love* to recommend a good book or organization!

My book recommendation for June is [*Left to Tell by Immaculee Ilibagiza*](#). It is powerful, intense and inspiring! As I was speaking to a friend of mine that I had recommend this book to, I said, "So I can tell people this is one of the best books you've ever read?" "No," she said. "You can tell them it's the best book I've ever read."

One of my favorite organizations is [Women for Women International](#), which helps women survivors of war to move toward economic self-sufficiency. If you are moved by *Left to Tell*, Women for Women International will give you an easy way to support a woman in Rwanda - though they work in many other countries also.

In peace,
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The New Peace

I believe in world peace. I believe it is something that we will see in our lifetime. I also believe that this will not be possible without a clear intention to create it. It is time for our generation to take the necessary steps so that the following generations will be able to fully implement peace.

Though I like the term "world peace," it brings to mind the idea of fantasyland, utopia or something that never can be. The term "new peace" is the idea of finding a true and lasting peace based on a solid economic, social and political plan. It is a clear intention to get the world to a place of calm and equality.

Peace must be cultivated on an individual, community and global level. On the individual level, it is best summed up by Mahatma Gandhi who said, "You must be the change you wish to see in the world." Pointing fingers at others, including our current leaders, is easy. Achieving that level of peace and integrity inside ourselves is much more difficult. When we realize how difficult it is, we automatically become more understanding of others' humanness. How can we ask more from our leaders than we ask of ourselves? If we are not accepting of those who have different beliefs than us, how can we ask others to accept our beliefs?

At the community level, it is about supporting those in your circle of family, friends, coworkers and acquaintances, etc. It's about identifying your sons and daughters in the world and reaching out to them however you can - through mentoring, volunteering, listening, loving, supporting - whatever you need to do to help those around you live a better life.

At the global level, it is about how we view the world. We live in a competitive world that says there will always be "haves" and "have-nots." It *is* possible to have a world full of thriving nations without having "have-nots." We should not fear other countries' success, but strive to lift up all other countries in a meaningful way. Terrorism doesn't breed in well-to-do democracies. Former Secretary of State Colin Powell stated that "the United States cannot win the war on terrorism unless we confront the social and political roots of poverty." We need to look with greater wisdom and broader perspective at the causes of war and terrorism and look to uplift and heal those areas. America has the immense opportunity to redefine greatness by using our power to create much more than we are now. I challenge all of us to create a new vision for what that could be.

That is the new peace and I know we will see it in our lifetimes.